Minimum of 6 people per order
Prices are before taxes and a 15% gratuity

#### Coffee & Tea

Tea carafe (15 sachets + cups) \$15.75 Coffee carafe (15 cups) \$19.80

#### **Breakfast Platters**

Continental Assorted muffins, bagels, jam, fresh fruits, and cheese \$8.46/pers

<u>Continental Plus</u> Assorted muffins, jam, fresh fruit, cheese, coffee, bottled water, tea and orange juice \$9.66/pers

Breakfast basket Croissants, chocolatines and assorted muffins \$7.20/pers

Breakfast basket plus Croissants, chocolatines, assorted muffins, coffee, bottled water, tea and orange juice \$8.40/pers

Fresh fruit platter (seasonal fruits) \$4.50/pers

#### **Breakfast Combos**

Breakfast combo #1 \$12.00/pers
Fresh fruit platter
Bowls of yogurt, honey, walnuts, home made oatmeal
Egg salad sandwich platter
Croissants
Chocolatines
Assorted muffins

Breakfast combo #2 \$9.30/pers
Fresh fruit platter
Croissants
Chocolatines
Assorted muffins

Minimum of 6 people per order Prices are before taxes and a 15% gratuity

#### **Lunch Platters**

'Antipasto platter Ham, smoked turkey, Swiss cheese, olives, and homemade croutons \$7.86/pers

<u>Vegetables with homemade dip</u> Fresh vegetables, choice of onion dip or yogurt herb dip \$4.50/pers

<u>Le Gaspé</u> Variety of brown bread sandwiches. Egg salad, chicken tarragon salad, ham with Swiss cheese, and tuna salad \$7.20/pers

<u>Le Gaspé Plus</u> Variety of wraps. Chicken pesto, chicken avocado, and grilled vegetable with goat cheese \$7.20/pers

<u>Panini platter</u> Ham and Swiss cheese, chicken avocado, chicken pesto, and grilled vegetables with goat cheese \$15.00/pers

<u>Grilled chicken platter</u> Marinated grilled chicken with basil and tomatoes \$12.00/pers

<u>Grilled vegetable platter</u> Assortment of seasonal lightly marinated grilled vegetables \$7.20/pers

<u>Cheese platter</u> Goat cheese, Swiss cheese and Brie served with crackers and grapes \$7.86/pers

## **Lunch Combos**

Lunch combo #1 \$13.20/pers Grilled chicken platter Grilled vegetable platter Le Gaspé Brownies

Lunch combo #2 \$11.10/pers
Platter of assorted wraps
Cesar salad
Grilled vegetable platter
Cookie platter

Minimum of 6 people per order Prices are before taxes and a 15% gratuity

#### Lunchboxes

Includes a sandwich or wrap, salad and dessert \$15.54/pers.
\*Salad selection depends on availability

## Lunchbox #1

Bacon, turkey, lettuce, mayonnaise, and tomato wrap Pesto pasta salad Brownie

# Lunchbox #2

Ham & cheese wrap Creamy coleslaw Homemade rice krispies squares

# Lunchbox #3

Grilled vegetables and goat cheese wrap Pasta salad Fruit salad

#### Lunchbox #4

Chicken tarragon wrap Spinach and sesame salad with house dressing Brownie

#### Lunchbox #5

Avocado, cucumber, cheese, lettuce tomato, and cilantro wrap Green salad Homemade rice krispies square

#### Lunchbox #6

Ham & cheese sandwich Beet salad Brownie

#### Lunchbox #7

Chicken pesto and Swiss cheese sandwich 3 bean salad
Oatmeal chocolate chip cookies

## Lunchbox #8

Club sandwich with turkey, bacon, Swiss cheese, lettuce, and tomato Spinach and sesame salad with house dressing Fruit salad

Minimum of 6 people per order Prices are before taxes and a 15% gratuity

Individual Meal Salads

\*\* vegan and gluten free options available upon request

# Cobb salad

Mixed greens topped with red peppers a hard-boiled egg, ham, Swiss cheese, chickpeas, tomatoes, and cucumbers

Large \$11.31

Medium \$6.50

#### Goat cheese and walnut salad

Mixed greens topped with cherry tomatoes, red peppers, cucumbers, goat cheese, and walnuts

Large \$11.31

Medium \$6.50

# Family Style Salads \$3.90/person

## Pesto pasta

Penne, homemade basil pesto, tomatoes, feta cheese

## Spinach & sesame salad

Baby spinach, red onions, sesame seeds, cucumbers, honey balsamic vinaigrette

# Lentil salad

Fresh seasonal vegetables, basil, tomatoes

#### Chickpea salad

Carrots, cilantro, red peppers, and seasonal vegetables topped with apple cider vinegar dressing

Minimum of 6 people per order Prices are before taxes and a 15% gratuity

#### **Desserts**

<u>Cookie platter</u> \$2.70/pers Assortment of freshly baked cookies

Brownies \$3.00/pers

Rice krispy squares \$3.30/pers

Assorted mini pastries \$3.50/pers

<u>Cake platter</u> \*selection depends on availability Banana bread, banana chocolate chip cake, carrot cake, blueberry cake, cranberry lemon cake \$4.18/pers

## **Drinks**

Soft drinks \$2.10

Bottled water \$2.10

Juice (orange or apple) \$2.10

Perrier \$3.00