

Café Gaspé Catering Services for Sunlife

*all prices are before tax and 15% gratuity**Minimum of 6 people per order*

Coffee and Tea

Carafe of tea (15 tea bags) for 12.50

Carafe of coffee 16.50

Breakfast Platters

Continental

Muffins, bagels, jams, fresh fruit, swiss cheese 7.05 / person

Continental Plus

Muffins, bagels, jams, fresh fruit, swiss cheese coffee, water, tea and orange juice 8.05 / person

Breakfast Basket

Croissants, chocolatines, assorted muffins 6.00 / person

Breakfast Basket Plus

Croissants, chocolatines, assorted muffins, coffee, water, tea and orange juice 7.00 / person

Fresh Fruit Plate 3.75 / person

Breakfast Combos

Breakfast Combo #1

Fresh fruit platter / yogurt with walnuts,
oatmeal, honey / Egg salad sandwich platter /
croissants, chocolatines,
assorted muffins 10.00 / person

Breakfast Combo #2

Fresh fruit platter / croissants, chocolatines,
assorted muffins 7.75 / person

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Lunch Platters

Antipasto Platter

Ham, smoked turkey, swiss cheese, olives, and homemade croutons 6.55/pers

Vegetables and Homemade Dip

Fresh vegetables with herb yogurt dip, olive pesto dip, or onion dip 3.75/pers

Le Gaspé Plus

Chicken pesto, chicken avocado, grilled vegetable & goat cheese wraps
6.00/pers

Panini Platter

Ham & cheese, chicken avocado, chicken pesto, grilled vegetables & goat
cheese 12.50 / person

Grilled Chicken Platter

Marinated grilled chicken with basil and tomatoes 10.00 / person

Grilled Vegetable Platter

Assortment of marinated grilled vegetables 6.00 / person

Cheese platter Goat, Swiss, and brie cheese with crackers and grapes
\$6.55/pers

Lunch Combos

Lunch Combo #1

Grilled chicken platter
Grilled vegetable platter
Le Gaspé Plus
Brownies
12.25 / person

Lunch Combo #2

Platter of assorted wraps
Caesar salad
Grilled vegetable platter
Cookie platter
9.25 / person

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Lunchboxes

Includes a sandwich or wrap, salad, and dessert for 12.95 /per person *Salad selections depend on availability*

Lunchbox #1

Bacon turkey wrap with lettuce,
tomato, mayo
Pesto pasta salad
Homemade chocolate fudge brownie

Lunchbox #2

Ham and cheese wrap
Creamy coleslaw
Homemade rice crispy square

Lunchbox #3

Grilled vegetable wrap with goat cheese
Pasta Salad
Fruit salad

Lunchbox #4

Chicken tarragon wrap
Spinach sesame salad with house dressing
Chocolate fudge brownie

Lunchbox #5

Avocado wrap with cucumber, cheese, tomato, cilantro
Green salad
Homemade rice crispy square

Lunchbox #6

Ham and cheese sandwich
Beet Salad
Homemade chocolate fudge brownie

Lunchbox #7

Chicken pesto sandwich with Swiss cheese
Three bean salad
Oatmeal chocolate chip cookies

Lunchbox #8

Turkey club sandwich served on sesame bun with
Swiss cheese, bacon, lettuce, tomato
Spinach sesame salad with house dressing
Fruit salad

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Salads

Served family style 3.25 / per person

Pesto pasta salad

Penne, homemade basil pesto, tomatoes, feta cheese

Spinach sesame salad

Baby spinach, red onions, sesame seeds, cucumbers, honey balsamic vinaigrette

Lentil Salad

Mediterranean style lentil salad with cumin and rice

Chickpea salad

Chickpeas, cilantro, red peppers, apple cider vinegar dressing

Dessert Platters

Cake Platter

Banana bread, banana chocolate chip cake, carrot cake,
Selection depends on availability 3.48 / person

Assortment of cookies 2.25 / person

Brownies 2.50 / person

Rice crispy squares 2.75 / person

Assortment of mini pastries 2.50 / person

Drinks

Soft drinks 1.75 / person

Bottled water 1.75 / person

Juice (orange or apple) 1.75 / person

Perrier 2.50 / person