Minimum of 6 people per order
Prices are before taxes and a 15% gratuity

Coffee & Tea

Tea carafe (15 sachets + cups) \$15.75 Coffee carafe (15 cups) \$19.80

Breakfast Platters

Continental Assorted muffins, bagels, jam, fresh fruits, and cheese \$8.46/pers

<u>Continental Plus</u> Assorted muffins, jam, fresh fruit, cheese, coffee, bottled water, tea and orange juice \$9.66/pers

Breakfast basket Croissants, chocolatines and assorted muffins \$7.20/pers

Breakfast basket plus Croissants, chocolatines, assorted muffins, coffee, bottled water, tea and orange juice \$8.40/pers

Fresh fruit platter (seasonal fruits) \$4.50/pers

Breakfast Combos

Breakfast combo #1 \$12.00/pers
Fresh fruit platter
Bowls of yogurt, honey, walnuts, home made oatmeal
Egg salad sandwich platter
Croissants
Chocolatines
Assorted muffins

Breakfast combo #2 \$9.30/pers
Fresh fruit platter
Croissants
Chocolatines
Assorted muffins

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Lunch Platters

'Antipasto platter Ham, smoked turkey, Swiss cheese, olives, and homemade croutons \$7.86/pers

<u>Vegetables with homemade dip</u> Fresh vegetables, choice of onion dip or yogurt herb dip \$4.50/pers

<u>Le Gaspé</u> Variety of brown bread sandwiches. Egg salad, chicken tarragon salad, ham with Swiss cheese, and tuna salad \$7.20/pers

<u>Le Gaspé Plus</u> Variety of wraps. Chicken pesto, chicken avocado, and grilled vegetable with goat cheese \$7.20/pers

<u>Panini platter</u> Ham and Swiss cheese, chicken avocado, chicken pesto, and grilled vegetables with goat cheese \$8.75/pers

<u>Grilled chicken platter</u> Marinated grilled chicken with basil and tomatoes \$10.95/pers

<u>Grilled vegetable platter</u> Assortment of seasonal lightly marinated grilled vegetables \$7.20/pers

<u>Cheese platter</u> Goat cheese, Swiss cheese and Brie served with crackers and grapes \$7.86/pers

Lunch Combos

Lunch combo #1 \$13.20/pers Grilled chicken platter Grilled vegetable platter Le Gaspé Brownies

Lunch combo #2 \$11.10/pers
Platter of assorted wraps
Cesar salad
Grilled vegetable platter
Cookie platter

Minimum of 6 people per order Prices are before taxes and a 15% gratuity

Lunchboxes

Includes a sandwich or wrap, salad and dessert \$15.54/pers.
*Salad selection depends on availability

Lunchbox #1

Bacon, turkey, lettuce, mayonnaise, and tomato wrap Pesto pasta salad Brownie

Lunchbox #2

Ham & cheese wrap Creamy coleslaw Homemade rice krispies squares

Lunchbox #3

Grilled vegetables and goat cheese wrap Pasta salad Fruit salad

Lunchbox #4

Chicken tarragon wrap
Spinach and sesame salad with house dressing
Brownie

Lunchbox #5

Avocado, cucumber, cheese, lettuce tomato, and cilantro wrap Green salad Homemade rice krispies square

Lunchbox #6

Ham & cheese sandwich Beet salad Brownie

Lunchbox #7

Chicken pesto and Swiss cheese sandwich 3 bean salad Oatmeal chocolate chip cookies

Lunchbox #8

Club sandwich with turkey, bacon, Swiss cheese, lettuce, and tomato Spinach and sesame salad with house dressing Fruit salad

Minimum of 6 people per order Prices are before taxes and a 15% gratuity

Individual Meal Salads

** vegan and gluten free options available upon request

Cobb salad

Mixed greens topped with red peppers a hard-boiled egg, ham, Swiss cheese, chickpeas, tomatoes, and cucumbers

Large \$11.31

Medium \$6.50

Goat cheese and walnut salad

Mixed greens topped with cherry tomatoes, red peppers, cucumbers, goat cheese, and walnuts

Large \$11.31

Medium \$6.50

Family Style Salads \$3.90/person

Pesto pasta

Penne, homemade basil pesto, tomatoes, feta cheese

Spinach & sesame salad

Baby spinach, red onions, sesame seeds, cucumbers, honey balsamic vinaigrette

Lentil salad

Fresh seasonal vegetables, basil, tomatoes

Chickpea salad

Carrots, cilantro, red peppers, and seasonal vegetables topped with apple cider vinegar dressing

Minimum of 6 people per order Prices are before taxes and a 15% gratuity

Desserts

Cookie platter \$2.70/pers
Assortment of freshly baked cookies

Brownies \$3.00/pers

Rice krispy squares \$3.30/pers

Assorted mini pastries \$3.50/pers

<u>Cake platter</u> *selection depends on availability Banana bread, banana chocolate chip cake, carrot cake, blueberry cake, cranberry lemon cake \$4.18/pers

Drinks

Soft drinks \$2.10

Bottled water \$2.10

Juice (orange or apple) \$2.10

Perrier \$3.00