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## WELCOME TO CAFÉ GASPÉ

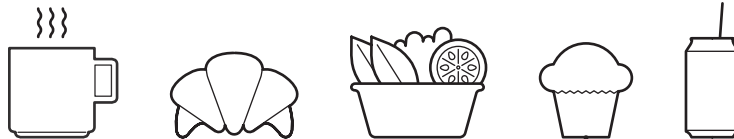
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# CATERING SERVICES!

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*We are a small café with a big vision located in the heart of Montreal's Mile End neighbourhood. The Mile End is known for its artistic population, its convivial spirit, and above all for its great cafés. Our daily breakfast and lunch menu helps fuel the creative activities happening in our midst. From Monday to Friday we offer fresh coffee, pastries, sandwiches, salads, and hot meals right from our café counter. We also have a catering service to meet the specific needs of your next special event. Our menu features a wide selection of meals, snacks, and beverages that will set the stage for your next client presentation, community board meeting, or office party. If you have any questions or would like to place an order, please send your requests to [cafegaspe@gmail.com](mailto:cafegaspe@gmail.com).*

*We can't wait to hear from you!*



### COFFEE & TEA · BREAKFAST · LUNCH · DESSERTS · DRINKS

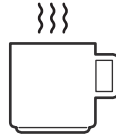
 = vegetarian option

 = gluten-free option

5455 AVENUE DE GASPÉ · MONTREAL QC · H2T 2A4 · 514-276-4242  
[WWW.CAFEGASPE.COM](http://WWW.CAFEGASPE.COM)



CAFÉ GASPÉ



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## COFFEE & TEA

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Coffee Carafe  
22.50 / 15 people

Tea Carafe  
(Earl Grey, english breakfast, mint, chaï, green)  
26.25 / 15 people



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## BREAKFAST

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### À LA CARTE

(minimum order ½ dozen)

Croissants  
2.50 / person

Chocolatines  
3.00 / person

Muffins  
2.50 / person

Fruit Salad  
5.25 / person

Yogourt Parfait  
5.75 / person

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## PLATTERS

### Breakfast Basket

(Croissants, chocolaines, danishes, assorted muffins)

7.00 / person

### Continental Breakfast

(Muffins, bagels, danishes, jams, fresh fruit, swiss cheese)

10.00 / person

### Fresh Fruit

5.25 / person

### Yogourt

(with walnuts, oatmeal, and honey)

6.75 / person

### Egg Burritos

(Tortilla, egg, shredded cheese, olives, onions, peppers)

5.75 / person

### Breakfast Club Sandwich

(Bacon, egg, tomato, lettuce, mayonnaise)

6.50 / person

### Egg Salad Sandwiches

5.00 / person

### Bacon and Green Pepper Frittata

6.75 / person

### French Toast

5.75 / person

### Crepes with Banana and Nutella

6.75 / person

### Pancake Bites

(with choice of fruit, nut, sausage, or bacon)

6.75 / person

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## COMBOS

### Breakfast Combo #1

Fresh fruit platter

Yogurt with walnuts, oatmeal, honey

Egg salad sandwich platter

Croissants, chocolaines, danishes, assorted muffins

12.75 / person

### Breakfast Combo #2

Fresh fruit platter

Bacon and green pepper frittata

Croissants, chocolaines, danishes, assorted muffins

10.60 / person

### Breakfast Combo #3

Fresh fruit platter

Croissants, chocolaines, danishes, assorted muffins

8.75 / person



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## LUNCH

### PLATTERS

#### Antipasto platter

Black forest ham, smoked turkey, swiss cheese, bocconcini, olives, and homemade croutons

9.55 / person

#### Vegetables and homemade dip

Fresh vegetables with a fresh herb yogurt dip or olive pesto dip

5.00 / person

#### Cheese Platter

An assortment of cheese (three), bread, crackers, grapes

8.25 / person

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### Sesame bagels and cream cheese

4.00 / person

### Bagels and Lox

(Sesame bagel, smoked salmon, cream cheese, garnished with red onions, lemon, capers)

8.25 / person

### Le Gaspé

(Sandwiches on white or brown bread including egg salad, chicken tarragon, ham and swiss cheese, tuna salad, humus and carrots)


9.00 / person

### Le Gaspé plus

Chicken pesto wrap with baby spinach, swiss cheese

(Vegetarian option: replace chicken by homemade falafel) 

Turkey club wrap with tomato, bacon, lettuce, mayonnaise

(Vegetarian option: pesto, grated carrots, baby spinach, tarragon, mayonnaise) 

Bagel & Lox

15.50 / person

### Paninis

(Ham and cheese, chicken avocado, chicken pesto, grilled vegetables and goat cheese)

15.50 / person

### Grilled chicken

(Marinated grilled chicken with basil and cherry tomatoes)

13.00 / person

### Grilled Vegetables

(Grilled seasonal vegetables)

7.25 / personne

## COMBOS

### Lunch Combo #1

Panini platter

Le Gaspé plus (wrap platter)

Spinach salad

Pasta salad

Fruit platter

Cookie platter

16.55 / person

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Lunch Combo #2  
Grilled chicken platter  
Grilled vegetable platter  
Le Gaspé  
Brownies  
11.55 / person


Lunch Combo #3  
Bagels and Lox platter  
Caesar salad  
Grilled vegetable platter  
Cookie platter  
9.55 / person

## LUNCHBOXES


(includes a sandwich or wrap, salad, and dessert for 13.95 / person)

Lunchbox #1  
Bacon turkey wrap with lettuce, tomato, mayo  
Pesto pasta salad  
Homemade chocolate fudge brownie

Lunchbox #2  
Ham and cheese wrap  
Creamy coleslaw  
Rice crispy square

Lunchbox #3   
Grilled vegetable wrap with goat cheese  
Greek-style quinoa salad  
Fruit salad

Lunchbox #4  
Chicken tarragon wrap  
Spinach sesame salad with house dressing  
Chocolate chip cookies

Lunchbox #5   
Avocado wrap with cucumber, cheese, tomato, cilantro  
Balsamic pasta salad  
Mini oatmeal chocolate chip cookies

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#### Lunchbox #6

Ham and cheese sandwich served on soft baguette with tomatoes and lettuce  
Greek salad  
Homemade chocolate fudge brownie

#### Lunchbox #7

Chicken pesto sandwich with swiss cheese  
Three bean salad  
Mini oatmeal chocolate chip cookies

#### Lunchbox #8

Turkey club sandwich served on sesame bun with Swiss cheese, bacon, lettuce, tomato  
Spinach sesame salad with house dressing  
Fruit salad

#### Lunchbox #9

Guacamole and ham sandwich with Swiss cheese, lettuce, tomatoes  
Lentil salad  
Chocolate chip cookies

### **SALADS (Served Family Style)**

(4.00 / person; minimum 6 people)

Pesto pasta salad 



(Penne, homemade basil pesto, tomatoes, feta cheese)

Spinach sesame salad  

(Baby spinach, red onions, sesame seeds, cucumbers, cherry tomatoes, honey balsamic vinaigrette)

Lentil Salad Macedonia  

(Fresh veggies, basil, tomatoes)

Greek salad  

(Classic Greek salad with feta cheese, tomatoes, red onions, olives, red peppers)

Caesar Salad 

(Romaine hearts, house caesar dressing, bacon bits)

Chickpea salad  

(Carrots, cilantro, red peppers, apple cider vinegar dressing)

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## SALADS (Served Individually)

### Chicken Ceasar Salad

(Romaine lettuce topped with marinated grilled chicken, homemade croutons, grated parmesan cheese, Caesar dressing)

Large \$11.31

Medium \$6.50

### Cobb Salad

(Mixed greens topped with a hard-boiled egg, ham, swiss cheese, chickpeas, tomatoes, cucumbers)

Large: \$11.31

Medium: \$6.50

### Goat cheese & Walnut Salad

(Mixed greens topped with cherry tomatoes, cucumbers, goat cheese, walnuts)

Large: \$11.31

Medium: 6.50\$



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## DESSERTS

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### Cake platter

(Banana bread, banana chocolate chip cake, carrot cake, raspberry yogourt cake, cranberry lemon cake, caramel cake)

\*Selection depends on availability\*

3.48 / person

### Assortment of cookies

(Chocolate chip, macadamia white chocolate, double chocolate, oatmeal chocolate chip, oatmeal)

3.25 / person

### Brownies

3.25 / person

### Rice Krispie Squares

3.25 / person

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## DRINKS

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Coke, Diet Coke, Sprite, Canada Dry, Orangina, San Pellegrino Aranciata

2.39

Perrier, Dasani, Nestea, Orange Juice, Apple Juice

2.61

Coke cans

1.95

Jus Pur

(V1: Pear, apple, lemon, kale, Swiss chard, ginger)

(R1: Apple, carrot, orange, beets, lemon, ginger)

(A1: Orange, apple, lemon, cayenne)

(L1: Almonds, vanilla, dates, sea salt, cinnamon)

(U1: Orange)

8.00

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